
Healthy Minds. Healthy Lives. Healthy Communities.

February 20, 2017

To the Parents of USD 457 Schools ~ Kenneth Henderson, Horace Good and Garden City High School:

Compass Behavioral Health is pleased to announce that we have been awarded a Grant that will allow us to provide some school based services. The services provided, under this Grant, in the school, will be at no charge to USD 457 or the family of a child participating in services. Only the service provided onsite at Kenneth Henderson, Horace Good and Garden City High School related to this Grant are at no cost.

Compass and USD 457 Counselors have been collaborating on these services for a couple of months. Our intent is to roll this out the first part of March and continue for the next 3 school years.

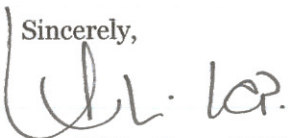
For individual consultation, the school counselor will contact the parent for permission to refer and then make the referral to the Compass staff. We will not be in the school every day so it could be a week before your child is seen. If the situation is a "crisis" needing immediate referral, the school will follow their current protocol and have the parent bring the child to our office – those crisis services provided at our office are at our usual fee. As this is a Grant, we do have to demonstrate services were provided so parents will be asked to complete a questionnaire that I can assure you is not personally invasive but just rather an opportunity to demonstrate the student learned something or somehow had improvements due to our intervention.

We will also be offering Educational/Skill building groups in the school for the students to attend/participate in upon their choosing and/or referral from School Counselor. We all want happy, healthy, and skillful adolescents. The teenage years can be rather challenging but with additional guidance, open communication and coping skills, we feel we can all make a difference. Group Topics may include, but are not limited to: Healthy Dating, Conflict Resolution, Mindfulness, Stress Management, Grief/Loss, Substance Use. These groups will likely start after Spring Break.

Compass will also be offering monthly parent education nights on various behavioral health issues. Your school has agreed to forward to you an announcement of these events, most likely via email or parent newsletter so watch for this as well. This too will be free of charge and most likely hosted at our Compass building.

At any time, feel free to contact me if you have any questions. My email address is on this letter as email is generally the best way to reach me.

Sincerely,



Lisa M Southern, LMLP, LCP
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